

CONSULTANT NAME: \_\_\_\_\_

CONSULTEE NAME: \_\_\_\_\_

Certification

Re-certification

THEORY	TECHNIQUE
<p>“Where you look affects how you feel”                      Uncertainty Principle/No assumption model                      Dual Attunement Frame:                      --Relational                      --Neurobiological                      Tail of the comet                      Staying in the tail of the comet                      Limbic counter-transference                      BSP as a Resource Model                      2 Models of Brainspotting                      --Activation Model                      --Resource Model                      Dysregulation to regulation                      Allcortex &amp; Isocortex                      W.A.I.T                      Z-axis, attachment                      Case conceptualizations in a BSP Frame                      Highly recommended own BSP sessions</p>	<p>3 Core Ways of Finding Brainspots (“3 legs” of BSP)                      Outside Window Set –Up                      Inside Window Set –Up                      Gazespotting Set-Up                      Body Resource Set-up                      One-eye Brainspotting &amp; Set-up (Goggles)                      Z-axis set up &amp; using “Vergence” Outside-                      Inside Window set-up                      Rolling Brainspotting                      Advanced Resource Model - Resource                      Frame of Combined One Eye and Z Axis                      BSP set-up (“Resource within a resource within a resource”)                      “Shades up / down”                      Use of Bilateral Sound</p>

**SUMMARY OF CONSULTEE’S READINESS FOR CERTIFICATION:**

Consultant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*GUIDELINES FOR BSP CERTIFICATION WITH CONSULTANT*

- 1 – Basic connection, overview of the consultation and how to use the pointer
- 2 – Focus on Dual Attunement, W.A.I.T and not knowing; review the terms, exploring how we use in session and giving case examples.
- 3 – Work on going from dysregulation to regulation and how to use psychoeducation of the brain.
- 4 – Review and go over cases, review set-ups
- 5 – Focus on Uncertainty and Staying in the tail of the comet, have consultee practice on consultant 6 - Review cases and readiness to be certified knowing this is an ongoing process.